



Kelso RFC in Partnership with Kelso High School



Dear Parent/Guardian,

Kelso Rugby Football Club Youth Rugby 2021/22 Season

I hope you are well and are looking forward to the new season. The past 18 months have been a tough time for everyone, and I would like to thank you all for staying engaged and supporting Youth Rugby at Kelso RFC & Kelso High School.

Moving into the 2021/22 season we have a few bits of information that we would like to share with you. If you have any questions with regards to the details below, please don't hesitate to get in touch.

Membership

This year we will be asking for a Youth Rugby membership from all players who represent Kelso High School and Kelso Youth Rugby. A player membership will cost **£60** and will include a playing jersey, playing shorts & socks. Please note that all Youth Rugby Players will be play in Black and White Jerseys this year to help bring the Kelso Rugby Community together.

An online membership form will be sent out to via your age group coaches. The form will include key contact details, kit sizes and parent/guardian support. Please contact us if you have any concerns around payment and we will do are best to support you.

Payment should be made by BACS to –

Kelso RFC

Sort Code: 80-16-57

Account Number: 00185999

Reference: Youth - Name(s) of child/children

Below are the benefits of becoming a member of Kelso Youth Rugby.

- Entrance to all Kelso RFC home games (excluding Scottish Cup and National play offs)
- 10% discount on Kelso Youth Rugby online store
- U15 & U16 exclusive use of Gym facilities (supervised sessions)

As well as a Youth Rugby membership we are introducing a Parent/Guardian membership pass. This will cost **£85**; parents/Guardians will be able to share the membership card throughout the season. So, if you and your child would like to attend a Senior game you can come a long with them. The Pass will also include some more benefits including.

- Entrance to all Kelso RFC home games (excluding Scottish Cup and National play offs) *Please note if both parents/guardians attend the Pass will only cover one person.*
- Discount when hiring the clubroom hospitality suite for a private function.
- £5.00 members discount when booking a Match Day Hospitality
- Priority booking on international tickets (New on-line registration required- allocation dependent)



Fundraising

Fundraising is a key part of any sports club and it is important we fundraise throughout the season to give our Youth Players the best rugby experience. Our main expense throughout the season will be buses to and from games. We are looking for a small group of parents who would be interested in forming a fundraising working group. Mr Brown and I are happy to support but would be looking for those on the fundraising group to take a lead and really drive our fundraising efforts. You can indicate if you would be interested in being part of the group at the bottom of the membership form.

Kit

This year we will continue to run a Kelso Youth Rugby online shop with Sportsworld (NE). There will be several items which you can purchase including, t-shirts, hoodies and more. As part of the membership, you will also be entitled to a **10%** discount. Once memberships are paid, we will share the discount code with you.

School of Rugby

School of Rugby is primarily a programme which focuses on the development of social, physical and academic skills of young boys and girls. Developing these skills in a rugby environment and by monitoring the progress of learners in their school, sporting and social life. Pupils who sign up will be extracted from one period of their P.E time per week to participate in the School of Rugby programme.

The **School of Rugby Programme** for S1-S2 pupils will be based around the Fundamental skills that are required to play any team sport. The majority of sessions will be non-contact but I would encourage that your child brings a gumshield with them.

The **Developing Player Programme** is for S3-Senior pupils aimed at maximising potential and aims to raise performance and attainment by creating a player-centred environment. Providing opportunities for pupils to develop resilience and reflective skill set, improved physical conditioning as well as understanding of performance athlete behaviours, additional opportunity and accreditation within subject of interest (SQA qualification).

If your child wishes to be part of the School of Rugby programme, please read and sign the School of Rugby Code of Conduct and Player Discipline Code of Conduct and return to the P.E office.

Training

Training will vary depending on age group. For S1 & S2 pupils there will be a mixture of extra-curricular and club sessions. For U15/16 boys and U12-U18 girls these sessions will be led by club coaches and will take place at either Croft Park or Lower Poynder. Details of training, day & times below.

Day	Age Group	Time	Venue
Monday	S1 & S2 Boys	4pm-5pm	KHS 3G
Monday	U15/U16 Boys	6pm-7pm	Croft Park
Wednesday	S2 Boys	6pm-7pm	Croft Park
Wednesday	U15/U16 Boys	6pm-7pm	Croft Park
Wednesday	U12-U18 Girls	6pm-7pm	Lower Poynder
Thursday	S1 Boys	6pm-7pm	Croft Park

Fixtures

A fixture list will be sent out to you via your team leads (coaches) at the beginning of the season. For S1-U15 boys rugby, games will take place on either a Friday afternoon or a Saturday morning. This will be agreed by both schools. U16 boy's games will take place on a Wednesday night or a Sunday and for U12-U18 girls the games will take place on a Sunday morning/afternoon.

Parents/guardians will be updated on the upcoming fixture at the start of the week. We ask that you let your coaches know if your child is or is not available for the game as early in the week as possible, so coaches have a rough idea of numbers.

Finally, if your child is not registered on SCRUMS (Scottish rugby player register platform) please make sure you do this before the first conference game at the end of September. Please contact your coach and they will send you details of how to do this.

If you have any questions, please feel free to contact me on the details below.

Many thanks

Murray Hastie

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